

Sex without consent is RAPE

WE CAN STOP IT

What can you do to help stop Rape

Take Responsibility

Respect your sexual partner

Question your own attitudes

Stand up for your beliefs

Be proactive

Be supportive

Speak up

Support available

If this has happened to you, you don't need to deal with it alone

SARC (sexual assault referral centre)

0808 178 4448

Watford Rape Crisis

0845 3011 165

Herts Rape Crisis

01707 276512



www.simpleastea.com



County Community Safety Unit



HERTFORDSHIRE
CONSTABULARY



Police and Crime
Commissioner
for Hertfordshire

NHS



CPS